

We create every single day...

# Light heavyweight



What does this picture represent?

Have you ever tried one? If yes, how did it feel? If not, why?

Have you ever had a friend who was addicted to drugs or sth? What were they like?

Did you help them to get out of the addiction? Why? How?

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Overuse	glue sniffer	Naïve
Misuse	Alcoholic	Exhibitionist
Abuse	Cell phone addict	Egotistical

What is addiction?

At what age does this usually happen?

Hadi Fathi  
CALIFORNIA series...

Who is responsible?

Addiction is a psychological and physical inability to stop consuming a chemical, drug, activity, or substance, even though it is causing psychological and physical harm.

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Are you an addict? Why? Are you sure?

What makes a person an addict?

Have you ever been told that you're overusing something? What was that?

Did you take it seriously?

What is the difference between addiction and misuse?

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Make better: .....

Make worse: .....

Improve	Hinder	Compound
Exacerbate	Mitigate	Complicate
Alleviate	Rectify	Aggravate

Addiction and misuse are different. Misuse refers to the incorrect, excessive, or non-therapeutic use of body- and mind-altering substances. However, not everybody that misuses a substance has an addiction. Addiction is the long-term inability to moderate or cease intake.

- How could we make the situation easier for addicts to dry out?